



# Greece Marching Band Blue Knights

## ***The "Blue Knights" Express***

***April 8, 2008***

### **The Director's Corner**

The stage is set for another great spring season. Starting tonight, we will be rehearsing outside and doing what marching bands are supposed to do...go outside and march!

We are running into the busiest time of the year for everyone. All of us are going to be having concerts and recitals, boy scouts and baseball. Lately, I have been receiving a lot of emails with excuses of why people can't be at marching band. Again, I know that people have a lot of commitments. Trust me; I was there not too long ago. However, please make sure that you are making your BEST effort to be at all rehearsals. If you have to come late, I am fine with that.

On the same token, my column to the right talks about your health and taking care of yourself. While it is important to be at marching band, please make sure that you do fulfill your commitments to your family, school and outside organizations.

It is my job to push you and encourage you to be at marching band. If I said it was ok to miss all the time, than no one would show up, it would be chaos and nothing would get done. So if I seem like I am giving you a hard time about missing, just trust me that I am doing my job and I do appreciate your efforts to be well-rounded. Have a nice break!

Rehearsals left before performance...

**3**

(Mighty St. Joes on 4/26)

### **Put *your own* mask on first!**

Do you know how when your plane is taxiing down the runway, the flight attendants tell you to put your own oxygen mask on before you help the person next to you? Their message is simple...you need to take of yourself before you can take care of others.

As many of us can attest to, it is really easy to get caught up in the hustle and bustle of everyday life, and even more so, the frantic schedules that we all lead. Sometimes you are too worried about your commitments to marching band and school and family and etc... You may feel as though you are so stressed because you have too much going on. This is a problem.

It takes planning and organization and thought, but you have to plan time for yourself. Too many of us get sick because we ran ourselves ragged. We didn't stop to take a few deep breaths. When you look at your schedule, make sure that you take time to sit and chat with your parents for a few minutes every day. Make sure that you can relax on the couch and watch 15 minutes of your favorite television program. Make sure that you are eating and hydrating yourself properly, especially on the busiest days of the week!

I learned the hard way in the not-so-distant past that I need to take just a few more minutes each week to myself and I need to watch a little more carefully what I eat and drink. I am young and it happened to me...don't let it happen to you. Marching Band is important. School is important. Family obligations are important. *Your health is always number one!*

## Important stuff to know

- ◆ Remember that if you are a new member, please keep in mind you will need to **buy marching shoes and gloves** (approximately \$27 total for band, \$35-\$40 for guard). More information about that will be coming home soon!
- ◆ **Uniform fitting** should have been completed by the end of rehearsal today. If you have not been fitted, please make sure to tell someone ASAP.
- ◆ As the weather changes, it can still be quite nippy when we go outside. Please make sure to **dress for the weather**.
- ◆ The **Lottery Raffle and Candy Sale** tickets and boxes will be distributed tonight. The due date for the lottery tickets is May 1<sup>st</sup> and the Candy is May 8<sup>th</sup>. Please make sure that ticket stubs are fill out CLEARLY and COMPLETELY!
- ◆ Calling all parents, the Boosters are looking for more parents to **help sew flags and uniforms**. Please contact Lisa Murphy about Volunteering!
- ◆ All of the latest information can be found on the marching band website. **[www.greecemarchingband.org](http://www.greecemarchingband.org)**.
- ◆ If you need to be **absent** for a rehearsal, you MUST email Mr. Hoffman as soon as possible to let him know at **[greecemarchingband@hotmail.com](mailto:greecemarchingband@hotmail.com)**.
- ◆ **Asset winners of the week:** Stephanie McAvoy, Jessica Case
- ◆ **This week's asset:** Caring! Young person places high value on helping other people. **GMB translation:** takes time to help those that need it, when appropriate and shows new members and old members that they want to help and support

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## This Week's Schedule

### Thursday, April 10<sup>th</sup>

Rehearsal at West Ridge: 6:30pm – 8:30pm  
Color Guard starts at 6:15pm

### Tuesday, April 22<sup>nd</sup>

Rehearsal at West Ridge: 6:30pm – 8:30pm  
Color Guard starts at 6:15pm

## Upcoming Events

**Sat, April 26<sup>th</sup>** – Mighty St. Joe's Alumni Corps Indoor show at Apollo. We perform at 7:00pm sharp. Dress rehearsal will be from 12:00-1:00pm. You need to be back for the performance by 5:45pm.

**Thurs, May 1<sup>st</sup>** – Due date for Lottery Tickets and money!

**Thurs, May 8<sup>th</sup>** – Due date for Candy money!

**Sat, May 10<sup>th</sup>** – Lilac Festival Parade in Downtown Rochester. Details TBA. This usually happens around 10:00am and we report to WR by 8:00am.

**Mon, May 26<sup>th</sup>** – Memorial Day Parade in Greece. We typically march at 2:00pm.

**Thur, June 26<sup>th</sup>** – Barnard Parade at 7:00pm.

**Aug 18-22, 2008** – Mandatory Band Camp for anyone marching in the fall season.

## Booster Contact Information

Connie LaRocque, President  
865-4377 or [President@greecemarchingband.org](mailto:President@greecemarchingband.org)

Contact any Executive Board member via the website:

**[www.greecemarchingband.org](http://www.greecemarchingband.org)**

*Please feel free to ask any questions or provide any feedback that you have to Mr. Hoffman or one of the parent boosters. We are more than happy to address any concerns. You can email Mr. Hoffman at [greecemarchingband@hotmail.com](mailto:greecemarchingband@hotmail.com) or call him at 966.4675.*